



Speed Awareness



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Has your workforce received sufficient training in speed awareness?

A pedestrian hit at 30 mph has a 1/5 chance of being killed.

This likelihood rises to a 1/3 chance if they are hit at 35 mph.

The effects of speeding can be lethal.

Refresher awareness training is invaluable for everyone in your workplace.

Department of Transport

Who is speed awareness training for?

- Do you know the speed limits for each type of vehicle on each type of road?
- Do you know the national speed limits on single roads, dual carriageways and motorways?
- Would you know if you were driving on a dual carriageway or a single road?

If you answered 'no' to any of these questions, this speed awareness training is for you.

All staff will benefit from refresher training to keep themselves and others safe on the road.

What does the speed awareness course cover?

The speed awareness course covers:

- Speed-related accidents
- Understanding speed limits
- Stopping distances
- Impact speeds

What is the benefit of speed awareness training for your business?

Speed is a contributory factor in most serious road crashes and casualties.

When something unexpected happens on the road, it's a driver's speed (and impact speed) that determines whether they can stop in time. This speed awareness course offers quick and effective training for your staff to refresh their knowledge of speed limits and speeding consequences. Staff can complete their training at any time to suit your needs.







Video Presentations.

Interactive Games.

Final Exam - Certificates Provided.

Speed makes a difference: for every 1 mph reduction in average speeds, collision rates fall by an average of 5%.

SQR Training